



Synergy School News Committed to Excellence

Commodity

Issue 11, January 2018

Greetings Everyone!

We hope this issue of our **Synergy School News** finds all of you happy and well. This installment focuses mainly on our 13 commodity processors in Missouri but is certainly not limited to it. Keep scrolling to view all of their items that are available for the 2018-19 school year.

A lot has happened at Synergy since our last newsletter at the beginning of the school year. On the down side, Giorgio Foods made a conscious decision in September '17 to exit the frozen food industry to focus their efforts on their mushroom business. On the plus side, we brought four new manufacturers into the Synergy family with the addition of Richland Hills Farms (apple snacks), Alpha Foods (frozen pizza), Steck Bakery (frozen biscuits, English muffins) & Franklin Foods (yogurt based, IW cream cheese). Also, we have taken our first foray into the Illinois commodity market as the sole broker for Cherry Central (applesauce). Synergy will continue to support Illinois commodity products in distribution through Kohl Wholesale.

We enjoyed seeing many of you at the recent state shows in Missouri and Kansas in the fall and hope that you find the contents of our newsletter informative and interesting. Please contact us for samples or nutritional specifications on anything that sparks your interest.

Finally, please take a poke at our Newsletter Trivia Contest and a chance to be a winner of a Target gift card, courtesy of our featured manufacturer, Red Gold Incorporated!

Thank you for reading!

The Synergy Team John Pickert, Tom Hoenig, Diana Blanck, Kristine Bridgeman, Sarah Shelton













January- National Soup Month

February - National Hot Breakfast Month



March-National Nutrition Month

April– National Grilled Cheese Month

May- National BBQ Month

June- National Fresh Fruit and Vegetable Month





EVENTS & IMPORTANT DATES

Monday, January 1 NEW YEAR'S DAY

Monday, January 15 MARTIN LUTHER KING DAY

Wednesday, January 17 SYNERGY ROADSHOW #1-KC

Thursday, January 18 SYNERGY ROADSHOW #2 -LEBANON

Friday, January 19 SYNERGY ROADSHOW #3- STL

Wednesday, January 24 IL COMMODITY SHOW CARTERSVILLE, IL

Thursday, February 8 SFNDA 3RD GENERAL MEETING

Wednesday, February 14 VALENTINE'S DAY

Wednesday- Friday, February 14-16 MO COMMODITY EXPO'S

Friday, February 16 CHINESE NEW YEAR

Wednesday, February 28 HEART OF AMERICA FOOD SHOW

Thursday, March 8 SFNDA FOOD SHOW

Saturday, March 17 ST. PATRICK'S DAY

Friday, April 20 HEART OF AMERICA MEETING HOSTED BY SYNERGY **FOOD SALES**

Thursday, April 26 SFNDA 4TH GENERAL MEETING

Monday, April 30-Wednesday, May 2 ACDA NATIONAL CONVENTION Minneapolis, MN

Sunday, May 14 MOTHERS DAY

Sunday, July 8-Thursday, July, 12 SNA NATIONAL CONVENTION Las Vegas, NV

Synergy Food Sales 18-19 SY Missouri Fee For Service Commodity Products by Manufacturer

	ALPHA FOODS - FFS
AS162WT	16" Cheese Pizza, WG Thin Slightly Par-Baked Crust
AS164WT	16" Pepperoni Pizza, WG Thin Slightly Par-Baked Crust
AS62W	6" Personal Cheese Pizza, WG Thin Crust
AS64W	6" Personal Pepperoni Pizza, WG Thin Crust
SP162RW	16" Cheese Pizza, WG Bake-to-Rise Rolled Edge Dough
SP164RW	16" Pepperoni Pizza, WG Bake-to-Rise Rolled Edge Dough
SP167RW	16" Spicy Mexican Style Pizza, WG Bake-to-Rise Rld Edge
AS52W	5" WG Deep Dish Cheese, "The Selfie" Pizza
AS54W	5" WG Deep Dish Pepperoni, "The Selfie" Pizza
SP62W	6" Personal Cheese Pizza, WG Bake-to-Rise Pizza/Calzone
SP64W	6" Personal Pepp Pizza, WG Bake-to-Rise Pizza/Calzone
AS12162WT	12"x16" WG Flatbread Cheese Pizza
AS12164WT	12"x16" WG Flatbread Pepperoni Pizza
SPBK66W	6" Breakfast Pizza with Sausage and Country Gravy, WG
SPBK66WR	6" Breakfast Pizza with Sausage and Red Sauce, WG

	BONGARDS CREAMERY - FFS
40295	String Cheese (1 oz.) Natural Mozzarella
40293	Colby Jack Marbled Stick (1 oz.) Natural
40291	Cheddar Stick (1 oz.) Natural Yellow
10081	American Yellow Slice 200/.4 oz per 5 lb
10137	American Yellow Slice 160/.5 oz per 5 lb
10043	American White Swiss Slice 160/.5 oz per 5 lb
10135	American Yellow RF/Red Sodium Slice 160/.5 oz per 5 lb
10401	Natural Cheddar Slices (.5 oz)
10402	Natural Reduced Fat Cheddar Slices (.5 oz)
10403	Natural Swiss Slices (.5 oz)
10404	Natural Pepper Jack Slices (.5 oz)
75247	Natural Provolone Slices (.75 oz)
75591	Shredded American Yellow
75541	Shredded Reduced Fat American Yellow
75550	Shredded Natural Yellow Cheddar
75571	Shredded Natural Yellow Cheddar - Reduced Fat
75553	Shredded Natural LMPS Mozzarella
77102	Shredded Natural Jack & Cheddar Blend
48120	3oz Cheddar Dipping Cup
48130	3oz Nacho Flavored Dipping Cheese Cup
48210	Cheddar Cheese Curds

GOLD KIST FARMS - FFS	
612100	CN WG Golden Breaded Chicken Nuggets (5 pc)
622100	CN WG Golden Breaded Chicken Tenders (3 pc)
662100	CN WG Golden Breaded Chicken Patties
615300	CN WG Homestyle Breaded Chicken Nuggets (5 pc)
625300	CN WG Homestyle Breaded Chicken Tenders (5 pc)
635300	CN WG Homestyle Breaded Breakfast Chicken Patties
665400	CN WG Homestyle Breaded Chicken Patties
666700	CN WG " PYRO" Hot & Spicy Breaded Patties
666600	CN WG Hot & Spicy Breaded Patties
691600	CN WG Breaded Chicken Popcorn (15 pc)
499180	CN WG Breaded Chicken Rings (5 pc)
49913	CN WG Breaded Chicken Sticks (5 pc)
110452	CN WG Breaded Chicken Lrg Popcorn Smackers (10 pc)
6116	"PhD" CN WG Homestyle Brd Chicken Chunks (4 pc)
6216	"PhD" CN WG Homestyle Brd Chicken Tenders (3 pc)
6616	"PhD" CN WG Homestyle Breaded Chicken Patties
1230	FC Diced Chicken
1250	CN Chicken Fajita Strips
26624	CN Grill Marked Fillet Shaped Chicken Patties
7516	"Chris P" WG Breaded Chicken Breast Fillets
7517	"Chris P" WG Spicy Breaded Chicken Breast Fillets
7518	"Chris P" WG Brd Chicken Breast Bites "Boneless Wings"
7519	"A+ Chicken" CN WG Breaded Breakfast Breast Fillet
7522	"A+ Chicken" CN WG Breaded Breast Fillet
7572	"A+ Chicken" CN WG Breaded Breast Tenderloins (3 pc)
7576	"A+ Chicken" CN WG Spicy Brd Breast Tenderloins (3 pc)
110458	CN WG Brd Chicken Large Popcorn Smackers (10 pc)
6410	Chicken Meatballs (5 pc)
6390	Chicken Breakfast Sausage Patties
1260	Savory Chicken Menu Strips
7812	FC WG Brd Fried Chk, Brst, Thigh or Wing & Leg = Srv
8820	FC Roasted Chicken, Brst, Thigh or Wing & Leg = Srv
88013	FC Roasted Chk Brst and Thighs, 1 Breast or Thigh = Srv

CHERRY CENTRAL - FFS	
7982	Unsweetened Applesauce Cups (4.5 oz)
7903	Unsweetened Cinnamon Applesauce Cups (4.5 oz)
7906	Unsweetened Strawberry Applesauce Cups (4.5 oz)
7908	Unsweetened Mixed Berries Applesauce Cups (4.5 oz)
7910	Unsweetened Strawberry Banana Applesauce Cups (4.5 oz)
7912	Unsweetened Mango Applesauce Cups (4.5 oz)
9700	Unsweetened Blue Raspberry Applesauce Cups (4.5 oz)
9701	Unsweetened Birthday Cake Applesauce Cups (4.5 oz)

	HIGH LINER FOODS - FFS	
26264	Breaded Pollock Bites 0.5 oz CN (8 pc)	
38118	Nacho Breaded Pollock Stick 1 oz CN (4 sticks)	
53258	Breaded Pollock Rectangle 3.6 oz CN	
53328	Breaded Pollock Hoagie 3.6 oz CN	
53448	Potato Crunch Pollock Strip 1.3 oz CN (3 strips)	
53978	Sweet Potato Brd Pollock Nugget 1 oz CN (4 nuggets)	
53998	Breaded Pollock and Cheese Rectangle 3.6 oz CN	
1089300	Golden Crunchy Breaded Pollock Rectangles 3.6 oz CN	
1089301	Golden Crunchy Breaded Pollock Nuggets 1 oz CN (4 pc)	
1089302	Golden Crunchy Breaded Pollock Sticks 1 oz CN (4 pc)	
1089865	Sea Shapes, Brd Pollock Nuggets 1 oz ea CN (4 nuggets)	
06533C	Potato Crunch Pollock Fillet Shape 3.6 oz CN	
06551C	Potato Crunch Pollock Nugget 1 oz CN (4 pc)	

JTM FOOD GROUP - (Pork) - FFS	
5649	Breakfast Sausage Patty (1.33 oz)
5674	Breakfast Sausage Patty Biscuit size (1.33 oz)
5653	Breakfast Sausage Link (2 links = 1.36 oz)
5694	Breaded Pork Chopette (3.35 oz)
5614	BBQ Pork Rib Patty (2.54 oz)
5690	BBQ Pork Rib Patty BBQ Sauce (2.8 oz)
5406	Shredded Pork BBQ
5521	Spaghetti Sauce, Reduced Fat
5156	Reduced Sodium Sausage Gravy
5230	Shredded Mexican Pork Carnitas
5036	Meatballs, Low Sodium (4 = 2 oz. M/MA)
5205	Taco Meat, Reduced Fat
5888	Sous Vide Cooked Diced Pork

JTM FOOD GROUP - (Cheese) - FFS	
5705	Cheddar Cheese Sauce
5708	Nacho Flavored Cheese Sauce
5715	Reduced Fat Cheddar Cheese Sauce
5718	White Queso Cheese Sauce
5722	Alfredo Sauce, Reduced Fat & Sodium
5114	Broccoli & Cheese Soup
5765	WG Macaroni & Cheese (Small Straight Noodle)
5756	WG Macaroni & Cheese (Large Elbow Noodle)
	JTM FOOD GROUP - (Beef) - FFS
5682	Low Sodium Beef Steak Hamburger Patties (2.25 oz)
5661	Beef Steak Hamburger Patties (2.2 oz)
5670	Premium Beef Steak Burger (2.45 oz)
5668	Premium Beef Steak Burger (3.0 oz)
5622	Salisbury Steak
5035	Meatballs, Low Sodium (4 = 2 oz M/MA)
5643	Meatloaf with Cheese
5695	WG Country Fried Breaded Beef Patty (3.35 oz)
5250	Beef Taco Filling, Reduced Fat, Low Sodium
545	Beef Sloppy Joe, Reduced Fat
579	Beef Chili with Beans, Reduced Fat
5578	Beef Spaghetti Sauce, Reduced Fat
5249	Beef Taco Filling (All Meat)
5813	Cooked Seasoned Beef "Philly" Steak
5872	Cooked Ground Beef Crumble (No Additives/Allergens)
5876	Cooked Beef Crumbles
5887	Sous Vide Cooked Diced Beef

	JENNIE-O - FFS
2178-04	Raw Breast & Thigh Roast
3170-04	Pre-Cooked Breast and Thigh Roast
2847-28	Pre-Cooked Turkey & Gravy
2853-28	Pre-Cooked Spaghetti Sauce
2854-28	Pre-Cooked Turkey Chili
2856-28	Pre-Cooked Turkey Taco Filling
6134	Pre-Cooked Turkey Burger
6397-40	Pre-Cooked Turkey Chorizo Crumbles
6398-40	Pre-Cooked Turkey Taco Crumbles
2711-06	Pre-Cooked Turkey Bacon
2364-40	Oven Roasted Skinless Turkey Breast (4 oz)
2303-24	1.41 oz Browned Turkey Breast Steak (2 pc)
2099-18	Sliced Oven Roasted Turkey Breast (6 pc)
2318-18	All Natural Oven Rst Sliced Turkey Breast (6 pc)
2319-18	All Natural Smoked Sliced Turkey Breast (6 pc)
2635-20	All Natural Oven Rst Diced Turkey Brst (2.93 oz)
6448-20	Pre-Cooked Chunked White Turkey (2.9 oz)
2071-30	Smoke House Turkey Breast Snack Sticks
2072-30	Sweet BBQ Turkey Breast Snack Sticks
2095	Sliced Trky Combo Pack: Ham, Salami, Bologna
6132	Turkey Breakfast Sausage Patties
6140	Turkey Breakfast Sausage Links
6409	Diced Turkey Ham (3.01 oz)
2034-25	All Ntrl Sliced Canadian Style Turkey Ham (2 pc)
2096-12	Sliced Trku Italian Combo : Ham, Salami, Pepp
2130-08	Pepperoni Style Seasoned Trky Slices (1.23 OZ)
2565	Sliced Turkey Ham (6 pc)
2568-18	All Natural Sliced Turkey Ham (6 pc)
2630-18	Sliced Turkey Bologna (6 pc)
2631-18	Sliced Turkey Salami (6 pc)
2634-18	Sliced Turkey Pastrami (6 pc)
2840-28	Pre-Cooked Turkey Taco Meat (3.02 oz)
6126-20	Reduced Sodium Smkd Uncured Turkey Frank

Pepperoni Style Seasoned Trky Diced (3.06 oz)

6424-20

JTM FOOD GROUP - (Turkey) - FFS	
5090	Mini Turkey Corn Dogs
5235	Turkey Taco Filling
5425	Shredded Mexican Turkey Carnitas
5685	Turkey Breakfast Sausage Patties (1.3 oz)
5889	Sous Vide Turkey

	M.C.I. LOS CABOS - FFS	
97576	Burrito, Bean & Cheddar Cheese (I/W)	
71471	Burrito, Spicy Bean and Cheddar Cheese, Clean Label (I/W)	
63460	Burrito, Beef & Cheddar Cheese, Clean Label (Bulk Packed)	
94620	Burrito, Beef & American Cheese, Yellow Flour Tortilla (I/W)	
98337	Breakfast Burrito, Egg, American Cheese & Turkey Sausage (I/W)	
98336	Breakfast Burrito, Egg, Cheddar Cheese & Bacon (I/W)	
98339	Breakfast Burrito, Egg, Cheddar & Green Chili, Clean Label (I/W)	
64142	Enchilada, Monterey Jack 6" (Bulk Packed)	
64150	Enchilada, Pepper Jack 6"(Bulk Packed)	
64160	Enchilada, Four Cheese 6" (Bulk Packed)	
65227	Quesadilla, Two Cheese (Bulk Packed)	
45227	Quesadilla, Two Cheese (I/W Oven Wrap)	
43560	Quesadilla, Chicken & Two Cheese No Antibiotics Ever (I/W)	
71662	Primo Burrito, Xtreme Bean & Cheddar Cheese (I/W)	
71261	Primo Burrito, NAE Chicken & Cheese (I/W)	

OTT'S DRESSING - FFS	
01237	Ott's Famous 4/1 GAL
01241	Ott's Zesty Italian 4/1 GAL
01266	Ott's Sweet N Mild BBQ Sauce 4/1 GAL
01278	Ott's Ranch 4/1 GAL
01387	Ott's Honey Mustard 4/1 GAL
01409	Ott's Salad Dressing (Mayonnaise) 4/1 GAL
01473	Ott's Raspberry Vinaigrette 4/1 GAL
01512	Ott's Reduced Calorie Ranch 4/1 GAL
01660	Ott's Chipotle Ranch 4/1 GAL
01407	Ott's Ranch Portion Cups 200/1.5 OZ
01735	Ott's Sweet N Mild BBQ Sauce Portion Cups 400/1.50Z

RED GOLD - FFS	
REDY572	Red Gold Ketchup / Fancy 33% - 114 oz. Pouches
	Red Gold Ketchup / Fancy 33% - 114 oz. Jugs/ Pump in
REDY59P	Case
2524.00	Red Gold Ketchup/Natural/Made with sugar/Low Sodium -
REDYL99	#10 cans
RPK1A99	Redpack Sloppy Joe Sauce
RPKDX99	Redpack Concentrated Crushed Tomatoes
RPKHA99	Redpack Tomato Sauce
	Redpack Nutritionally Enhanced Low Sodium Fully Pre-
RPKIL9E	pared Pizza Sauce
	Redpack Nutritionally Enhanced Low Sodium Spaghetti
RPKMA9E	Sauce

	TASTY BRANDS - FFS	
00801WG	CN Cheese Lasagna Rollup	
00804WG	CN Jumbo Cheese Ravioli (3 pc)	
00808WG	CN Cheese Lasagna Rollup	
00821WG	Cheese & Vegetable Lasagna Rollup	
00834WG	CN Mini Cheese Ravioli (7 pc)	
10101	ANYTIMERS® Cheese Pizza Lunch/Supper Kit	
25701	Mini Chicken Tacos (3 pc)	
52106	Jumbo Pizza Bagel	
52222	Mini Cheese Pizza Bagel (4 pc)	
55402	Turkey Sausage & Cheese Pocket (Pita) (I/W)	
62002	Mozzarella Filled Twisted Topped Breadstick (1:2)	
70006	Turkey Ham & 2 Cheese Wrap (I/W)	
70013	Chicken, Turkey Ham & 2 Cheese Wedge Sandwich (I/W)	
70073	Turkey Ham & Cheese Croissant Melt Sandwich (I/W)	

YANG'S 5TH TASTE - FFS		
8-52724-15550-0	Sweet Chili Thai Chicken	
8-52724-15551-7	Sweet & Sour Chicken	
8-52724-15553-1	Lemongrass Chicken	
8-52724-15554-8	BBQ Chicken Teriyaki	
8-52724-15555-5	Mandarin Orange Chicken JR	
8-52724-15556-2	Spicy Sichuan Chicken	
8-52724-15557-9	Edamame Kung Pao Chicken	
8-52724-15558-6	Buffalo Hot Ling's Chicken	
8-52724-15559-3	Gluten Free BBQ Teriyaki Chicken	
8-52724-15563-0	General Tso's Chicken	
8-52724-15565-4	BBQ Teriyaki Chicken Strips-no sauce	
8-52724-15566-1	Chicken Nuggets, Whole Muscle	
8-52724-15567-8	Curry Chicken	

Synergy Food Sales 18-19 SY Missouri Net Off Invoice Commodity Products by Manufacturer

	GOLD KIST FARMS - NOI
612100	CN WG Golden Breaded Chicken Nuggets (5 pc)
622100	CN WG Golden Breaded Chicken Tenders (3 pc)
662100	CN WG Golden Breaded Chicken Patties
615300	CN WG Homestyle Breaded Chicken Nuggets (5 pc)
625300	CN WG Homestyle Breaded Chicken Tenders (5 pc)
635300	CN WG Homestyle Breaded Breakfast Chicken Patties
665400	CN WG Homestyle Breaded Chicken Patties
666700	CN WG " PYRO" Hot & Spicy Breaded Patties
666600	CN WG Hot & Spicy Breaded Patties
691600	CN WG Breaded Chicken Popcorn (15 pc)
499180	CN WG Breaded Chicken Rings (5 pc)
49913	CN WG Breaded Chicken Sticks (5 pc)
110452	CN WG Breaded Chicken Large Popcorn Smackers (10 pc)
6116	"PhD" CN WG Homestyle Breaded Chicken Chunks (4 pc)
6216	"PhD" CN WG Homestyle Breaded Chicken Tenders (3 pc)
6616	"PhD" CN WG Homestyle Breaded Chicken Patties
1230	FC Diced Chicken
1250	CN Chicken Fajita Strips
26624	CN Grill Marked Fillet Shaped Chicken Patties
7516	"Chris P" WG Breaded Chicken Breast Fillets
7517	"Chris P" WG Spicy Breaded Chicken Breast Fillets
7518	"Chris P" WG Breaded Chicken Breast Bites "Boneless Wings"
7520	"Chris P" Grilled Chicken Breast Fillets
7519	"A+ Chicken" CN WG Breaded Breakfast Breast Fillet
7522	"A+ Chicken" CN WG Breaded Breast Fillet
7572	"A+ Chicken" CN WG Breaded Breast Tenderloins (3 pc)
7576	"A+ Chicken" CN WG Spicy Breaded Breast Tenderloins (3 pc)
110458	CN WG Breaded Chicken Large Popcorn Smackers (10 pc)
6410	Chicken Meatballs (5 pc)
6390	Chicken Breakfast Sausage Patties
1260	Savory Chicken Menu Strips

JTM FOOD GROUP - (Cheese) - NOI		
5705	Cheddar Cheese Sauce	
5708	Nacho Flavored Cheese Sauce	
5715	Reduced Fat Cheddar Cheese Sauce	
5718	White Queso Cheese Sauce	
5722	Alfredo Sauce, Reduced Fat & Sodium	
5114	Broccoli & Cheese Soup	
5765	WG Macaroni & Cheese (Small Straight Noodle)	
5756	WG Macaroni & Cheese (Large Elbow Noodle)	

JTM FOOD GROUP - (Turkey) - NOI	
5090	Mini Turkey Corn Dogs
5235	Turkey Taco Filling
5425	Shredded Mexican Turkey Carnitas
5685	Turkey Breakfast Sausage Patties (1.3 oz)
5889	Sous Vide Turkey

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	JENNIE-O - NOI		
2178-04	Raw Breast & Thigh Roast		
3170-04	Pre-Cooked Breast and Thigh Roast		
2847-28	Pre-Cooked Turkey & Gravy		
2853-28	Pre-Cooked Spaghetti Sauce		
2854-28	Pre-Cooked Turkey Chili		
2856-28	Pre-Cooked Turkey Taco Filling		
2858-28	Pre-Cooked Turkey Sloppy Joe Meat		
6134	Pre-Cooked Turkey Burger		
6401-40	Pre-Cooked Turkey Savory Crumbles		
6397-40	Pre-Cooked Turkey Chorizo Crumbles		
6398-40	Pre-Cooked Turkey Taco Crumbles		
6399-30	Pre-Cooked Turkey Meatball		
2711-06	Pre-Cooked Turkey Bacon		
8716-02	Pre Cooked Turkey Bacon Bits		
2364-40	Oven Roasted Skinless Turkey Breast (4 oz)		
2303-24	1.41 oz Browned Turkey Breast Steak (2 pc)		
2099-18	Sliced Oven Roasted Turkey Breast (6 pc)		
2318-18	All Natural Oven Rstd Sliced Turkey Breast (6 pc)		
2319-18	All Natural Smoked Sliced Turkey Breast (6 pc)		
2635-20	All Natural Oven Rstd Diced Turkey Breast (2.93 oz)		
2201-20	Shredded Turkey Breast (2.55 oz)		
6448-20	Pre-Cooked Chunked White Turkey (2.9 oz)		
2071-30	Smoke House Turkey Breast Snack Sticks		
2072-30	Sweet BBQ Turkey Breast Snack Sticks		
2031	Sliced Canadian Style Turkey Ham (2 pc)		
2095	Sliced Turkey Combo Pack: Ham, Salami, Bologna		
6132	Turkey Breakfast Sausage Patties		
6140	Turkey Breakfast Sausage Links		
6409	Diced Turkey Ham (3.01 oz)		
2025-24	Turkey Ham Log (Fixed Weight & Frozen) (3.01 oz)		
2034-25	All Natural Sliced Canadian Style Turkey Ham (2 pc)		
2096-12	Sliced Trky Italian Combo : Ham, Salami, Pepperoni		
2130-08	Pepperoni Style Seasoned Turkey Slices (1.23 OZ)		
2156-34	L'Attitudes Pot Roast Thigh Entrée (3.22 oz)		
2202-20	Shredded Turkey Thigh (2.55 oz)		
2565	Sliced Turkey Ham (6 pc)		
2568-18	All Natural Sliced Turkey Ham (6 pc)		
2630-18	Sliced Turkey Bologna (6 pc)		
2631-18	Sliced Turkey Salami (6 pc)		
2634-18	Sliced Turkey Pastrami (6 pc)		
2636-20	All Natural Diced Turkey Ham (3.07 oz)		
2840-28	Pre-Cooked Turkey Taco Meat (3.02 oz)		
2848-28	Pre-Cooked Ground Trky Patty Crumbles (2.85 oz)		
6126-20	Reduced Sodium Smoked Uncured Turkey Frank		
6148-31	Pre-Cooked Dark Turkey Burger		
6396-30 6424-20	Pre-Cooked Trky Itl Crumble Hand Pinched (1.16 oz) Pepperoni Style Seasoned Turkey Diced (3.06 oz)		
0424-20	ji epperoni style seasoneu rurkey biceu (5.00 02)		

	RED GOLD - NOI
REDNA2ZC84	Marinara Sauce Dipping Cup - 2.5 oz. (1/2 cup R/O Veg)
	Marinara Sauce Dipping Cup - 2.5 oz. (1/2 cup R/O Veg)
REDNAHZC264	Marinara Sauce Dipping Cup - 1.25 oz. (1/4 cup R/O
REDSC2ZC84	Salsa Dipping Cups - 3 oz. (1/2 cup R/O Veg.)
REDSC2ZC168	Salsa Dipping Cups - 3 oz. (1/2 cup R/O Veg.) Double
REDSCHZC264	Salsa Dipping Cups - 1.5 oz. (1/4 cup R/O Veg.)
REDSC99	Nutritionally Enhanced Low Sodium Salsa
RPKNA9E	Redpack Nutritionally Enhanced Low Sodium Marinara
RPKMA9E	Redpack Nutritionally Enhanced Low Sodium Spaghetti
RPKIL9E	Redpack Ntrnly Enhanced Low Sodium Fully Prepared Pizza Sauce
REDRL99	Enchilada Sauce - Enhanced Low Sodium
REDYL9G	Ketchup/Natural /Made with sugar/Low Sodium - 9 gram Foil Pkts (green)
REDYL99	Ketchup / Natural / Made with sugar / Low Sodium - #10 cans
REDYL7D	Red Gold Ketchup / Natural / Made with sugar / Low Sodium - 2/ 1.5 gal Dispenser Pouch
REDYL3G	Red Gold Ketchup / Natural / Made with sugar / Low Sodi- um - 3 gal. BIB
REDY51Z	Red Gold Ketchup Dunk Cups - 1.0 oz Low Sodium (75 mg./cup)
REDOA1Z	Red Gold BBQ Sauce Dunk Cups -1.0 oz Made with Sug- ar / Low Sodium (75 mg.)
REDOA7D	Red Gold BBQ Sauce / Made with Sugar/ Low Sodium -2/ 1.5 gal. Dispenser Pouch
REDNA1Z	Red Gold Marinara Sauce Dunk Cups - 1.0 oz. (1/8th cup R/O Credit) LS (129 mg.)
HUYYW2R	Huy Fong "Rooster" Original Sriracha Hot Chili Sauce Ketch- up - 12/20oz Bottles
HUYYW8G	Huy Fong "Rooster" Original Sriracha Hot Chili Sauce Ketch- up - 8 gram Foil Packet (red)
HUYYW7D	Huy Fong "Rooster" Original Sriracha Hot Chili Sauce Ketch- up - 2/1.5 gallon Dispenser Pouch
RPK1A99	Redpack Sloppy Joe Sauce
RPKMA9C	Redpack Spaghetti Sauce
RPKNA99	Redpack Marinara Sauce
RPKNC9H	Redpack Marinara Sauce - 6 Poly Pouches
RPKIL99	Redpack Pizza Sauce - Fully Prepared
RPKIX99	Redpack Pizza Sauce w/ Basil
RPKDX99	Redpack Concentrated Crushed Tomatoes
RPKUA99	Redpack Tomato Paste
RPKHA99	Redpack Tomato Sauce
RPKH69X	Redpack Tomato Puree 1.060
REDVB46	Red Gold Tomato Juice No Salt Added (NSA) - 46 oz.
SACVM4PC08	Sacramento Tomato Juice Low Sodium - 46 oz. Pet Bottles (2 oz. = 1/4 cup)

	RED GOLD - NOI– Cont.
DEDVD46	Red Gold Tomato Juice No Salt Added (NSA) - 46 oz.
REDVB46	cans (2 oz. = 1/4 cup) Sacramento Tomato Juice Low Sodium - 46 oz. Pet
SACVM4PC08	Bottles (2 oz. = 1/4 cup)
REDY59G	Ketchup / Fancy 33% - 9 gm Foil Packets (white)
REDY599	Ketchup / Fancy 33% - #10 Cans
REDY57D	Ketchup / Fancy - 2/ 1.5 gal.Dispenser Pouches
REDY572	Ketchup / Fancy 33% - 114 oz. Pouches
REDY59P	Ketchup / Fancy 33% - 114 oz. Jugs/ Pump in Case
REDYA64	Ketchup / Fancy 33% - 64 oz. Bottles - pump aval
REDYA3G	Ketchup / Fancy 33% - 3 gal. Bag in Box (BIB)
REDY53H	Ketchup / Fancy 33% - Pouches - 3/1.5 gal.
HOUY59G	House Recipe KETCHUP FANCY 1000 9G
HOUY599	House Recipe KETCHUP FANCY 6/#10 CANS
HOUYA3G	House Recipe KETCHUP FANCY 1/3 GAL. BIB
HOUY572	House Recipe KETCHUP FANCY 6/114 oz. Pouches
HOUYA64	House Recipe KETCHUP FANCY 9 - 64 oz. Bottles
HOUY59P	House Recipe KETCHUP FANCY 6/114 oz. RED PLASTIC JUG
MOLY59G	Monarch KETCHUP FANCY 1000 9G
MOLY57D	Monarch KETCHUP FANCY 2/1.5 gal. Pouches
MOLY599	Monarch KETCHUP FANCY 6/#10 CANS
MOLYA3G	Monarch KETCHUP FANCY 1/3 GAL. BAG-IN-BOX
MOLY572	Monarch KETCHUP FANCY 6/114 oz. Pouches
MOLY59P	Monarch KETCHUP FANCY 6/114 oz. RED PLST JUG
CRWY59G	Crown Collection KETCHUP FANCY 1000 9G
CRWY57D	Crown Collection KETCHUP FANCY 2/1.5 gal. pchs
CRWY599	Crown Collection KETCHUP FANCY 6/#10 CANS
CRWYA3G	Crown Collection KETCHUP FANCY 1/3 GAL. BIB
CHFY599	Chef Mark KETCHUP FANCY 6/#10 CANS
CHFYA3G	Chef Mark KETCHUP FANCY 1/3 GAL. BAG-IN-BOX
WETY599	West Creek KETCHUP FANCY 6/#10 CANS
WETY572	West Creek KETCHUP FANCY 6/114 oz. Pouches
WETYA3G	West Creek KETCHUP FANCY 1/3 GAL. BIB
FRUY59G	Restaurant's Pride KETCHUP FANCY 1000 9G
FRUY599	Restaurant's Pride KETCHUP FANCY 6/#10 CANS
GOTY59G	Gourmet Table KETCHUP FANCY 1000 9G
GOTY599	Gourmet Table KETCHUP FANCY 6/#10 CANS
GOTYA3G	Gourmet Table KETCHUP FANCY 1/3 GAL. BIB
MRQY599	Marquis KETCHUP FANCY 6/#10 CANS

RICHLAND HILLS - NOI	
SA100	Fresh Sliced Apples, 2.4oz pkg/100 pkg per case
SA100B	Fresh Sliced Apples, 2 oz pkg/100 pkg per case
SA200	Fresh Sliced Apples, 2oz pkg/200 pkg per case
SA2X10	Fresh Sliced Apples 10# pkg/ 2 pkg per case
SA4X10	Fresh Sliced Apples 10# pkg/ 40pkg per case
SA50	Fresh Sliced Apples 2.4oz pkg/ 50 pkg per case
SA5X2	Fresh Sliced Apples 2# pkg/ 5pkg per case

TASTY BRANDS - NOI	
00801WG	CN Cheese Lasagna Rollup
00804WG	CN Jumbo Cheese Ravioli (3 pc)
00808WG	CN Cheese Lasagna Rollup
00821WG	Cheese & Vegetable Lasagna Rollup
00834WG	CN Mini Cheese Ravioli (7 pc)
10101	ANYTIMERS® Cheese Pizza Lunch/Supper Kit
25701	Mini Chicken Tacos (3 pc)
52106	Jumbo Pizza Bagel
52222	Mini Cheese Pizza Bagel (4 pc)
55402	Turkey Sausage & Cheese Pocket (Pita) (I/W)
62001	Mozzarella Filled Twisted Topped Breadstick (1:1)
62002	Mozzarella Filled Twisted Topped Breadstick (1:2)
70006	Turkey Ham & 2 Cheese Wrap (I/W)
70013	Chicken, Turkey Ham & 2 Cheese Wedge Sandwich (I/W)
70073	Turkey Ham & Cheese Croissant Melt Sandwich (I/W)

YANG'S 5TH TASTE - NOI	
8-52724-15550-0	Sweet Chili Thai Chicken
8-52724-15551-7	Sweet & Sour Chicken
8-52724-15552-4	Mandarin Orange Chicken
8-52724-15553-1	Lemongrass Chicken
8-52724-15554-8	BBQ Chicken Teriyaki
8-52724-15555-5	Mandarin Orange Chicken JR
8-52724-15556-2	Spicy Sichuan Chicken
8-52724-15557-9	Edamame Kung Pao Chicken
8-52724-15558-6	Buffalo Hot Ling's Chicken
8-52724-15559-3	Gluten Free BBQ Teriyaki Chicken
8-52724-15563-0	General Tso's Chicken
8-52724-15566-1	Chicken Nuggets, Whole Muscle
8-52724-15565-4	BBQ Teriyaki Chicken Strips-no sauce
8-52724-15567-8	Curry Chicken





New
Manufacturer
Corner

Pizza Pack Kits
Calzone Kits
Dough Balls
Pizza Crusts
Sheeted Dough

Sub Breads

Alpha Foods Co. professional team of corporate officers extend over 40 years of experience to the success of the company. Alpha Foods Co.'s team of management consists of family members of George & Athena Sarandos, which include: Maria Bowen, Danny Bowen, Jeanie Anderson, Bryan Anderson and Arist Sarandos for the ongoing succession of the company.









Sgt. Pepperoni's Pre-Made Pizza

Many years of experience, extensive knowledge of the foodservice business and the flexibility to meet the changing needs of its customers, have enabled Alpha Foods Co. to grow and gain respect as the industry leader in the field of manufacturing and distributing superior quality pizzas and pizza related products.



Steck	
5600	2 oz Honey Wheat Reduced Sodium Biscuit
	2 oz 55% Whole Grain Reduced Sodium English
1500	Muffin

Why We're a Different Kind of Bakery

Our commercial wholesale bakery was established in 2004 in North Sioux City, SD with a vision of providing the industry with high quality English muffins at an affordable price. We continue with that same vision today, and have since expanded our product line to include more varieties, options and flavors, and added a buttermilk biscuit line in 2012. Steck Foods takes extra steps to ensure our customers get the best product available. That starts with an extremely experienced management staff, one of the cleanest, brightest and most modern bakery facilities around and high standards for quality control. We have earned a Level AA BRC Certification. The BRC Global Standards are widely used by suppliers and global retailers to facilitate standardization of quality, safety and operational criteria













Franklin Foods began producing cheese in 1899 using fresh milk and cream from nearby farms. Today the Franklin Foods tradition of top quality, delicious taste and dairy innovation continues. Franklin Foods is the fastest growing cream cheese producer in the World and continues on its mission to "Re-Invent Cream Cheese for today's consumers." Franklin Foods' award-winning products are distributed to industrial, institutional, foodservice, private label, supermarket and club store accounts across the United States and numerous international markets.

ITEM#	DESCRIPTION	UPC	CASE PACK
FG82172	Heavenly Plain	.764717820664	100/1oz Portion Cups
FG82173	Strawberries N'Cream	.764717820688	100/1oz Portion Cups





Visit www.bongards.com

Bongards Premium Cheese offers a large array of cheese options that not only fit your menu, but also keep your kids happy. Their recently launched cheese curds are a perfect snack for on the go

students, and their delicious new natural slices will be a success both in the lunch line and on the budget.



10401-1 5lb Natural Cheddar Slice



10403-1 5lb Natural Swiss Slice



10404-1 5lb Natural Pepper Jack Slice



10038-1 5lb Natural LMPS Mozzarella Slice



10061-1 5lb Natural Provolone Slice







notables

It's not too soon to start thinking about spring field trips and summer snacks.



All meal kits meet the USDA Meal Pattern Requirements for Summer Food Service Program lunch or supper.

Add notables meal kits to your school program today:

1-800-967-1702 / notables.com / email at info@notables.com





We are very excited to announce Jennie-O has earned the Certified Responsible Antibiotic Use (CRAU) standard. The issue of antibiotic use in animal husbandry has received a lot of press over the past year with several restaurants moving to "antibiotic free" sourcing for chicken. School Food Focus, a program that a number of school districts have joined, is pressing for schools to include new requirements for antibiotics in their procurements, and developed CRAU as a standard for schools to use. We are offering a range of CRAU products for your consideration.

- •203425 All Natural Sliced Canadian Style Ham
- 231818 All Natural Oven Roasted Sliced Turkey Breast
- •231918 All Natural Smoked Sliced Turkey Breast
- •256818 All natural Uncured Sliced Turkey Ham
- •263018 All Natural Sliced Turkey Bologna
- •263118 All Natural Sliced Turkey Salami
- •263318 Reduced Sodium Sliced Turkey Ham
- •263418 All Natural Sliced Turkey Pastrami
- •613810 All Natural Premium Turkey Sausage Patty
- •846902 NATURAL CHOICE® Tender Browned Turkey Breast





New items for 18/19 school year!!



A portioned whole muscle tenderloin breaded with a Spicy Guajillo Pepper seasoned breading. It definitely kicks it up a notch! All white meat, consistent piece weights, better bite. Spice up your menu!

Serving	Servings	Case	Donated	M/MA	Grain
Size	Per Case	Weight	Food lbs	Servin	oz
3 Tenders	110	30	24.76	2	1.25



Italian Style Meatballs - Five of the ½ oz meatballs will fit on a sub bun, add some of the Red gold Marinara Sauce and you

have an Italian meatball grinder which the kids will love. All dark meat, authentic Italian seasoning w/parmesan & fennel ingredients.

Serving	Servings	Case	M/MA	Grain
Size	Per Case	Weight	Servin	oz
5 pcs	192	30	2	0





No Antibiotics Ever Chicken Items



62272 - NEW Los Cabos NAE Chicken and cheese burrito, bulk

92272 - NEW Los Cabos NAE Chicken and cheese burrito, IW

71261 – NEW Cabo Primo NAE Baja Chicken burrito, IW

43560 - NEW Cabo Primo NAE Chicken and cheese quesadilla, IW

61954 - NEW Los Cabos NAE Chicken and cheese enchilada, bulk

64160 - NEW Los Cabos 4 Cheese enchilada, bulk





Regional Sales Director - Cindy Husar-Marschke cindy@yangs5thtaste.com * cell 414-333-5578 www.yangs5thtaste.com

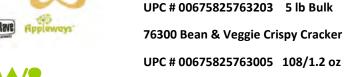
Introduce this new, exotic flavor to spice up your menu and reignite school lunch participation.

Curry Chicken!



76120 Cheddar Cheese Crispy Cracker
UPC # 00675825761209 5 lb Bulk
76100 Cheddar Cheese Crispy Cracker
UPC # 00675825761001 108/.9 oz









Simply Wholesome Nut-Free Crispy Crackers



76320 Bean & Veggie Crispy Cracker





Grown & Packed by Sunset Orchard Richland Center, WI (800) 811-8088 sarah@rchIndhills.com



Farm Fresh & Ready to Serve

- Save time and labor cost with precut apples Individual serving sizes: 2oz or 2.4 oz
 - Also with caramel dip: 4oz Also available in bulk: 2# and 10# bags
 - Perfect for a la carte, vending machines or sack lunches



You know Amazin' Raisin's line of Delicious, Fruit Flavor-Infused Raisins with No Added Sugar make great, healthy, Smart Snacks on their own. But did you know they are also Amazin' in recipes? Amazin' Raisin is available in 7 mouth-watering flavors: Strawberry, Sour Lemon, Orange, Sour Watermelon, Raspberry, Sour Pineapple and Peach! What will *you* create when you take the pledge to #BeYourAmazin? The only limit is your imagination.







NEW PRODUCTS TO HELP YOU REDEFINE THE SERVING LINE

davehackman@jtmfoodgroup.com

PH 800-626-2308



NEW CHEESEBURGER MEATLOAF PATTY

Item No. 5643 • Pack Size 30#/6 bags 2.60 oz. serving=2.0 M/MA • 310 mg. sodium • 12 g. fat Unsauced • Great served on a plate or try it as a sandwich



NEW PREMIUM BEEF CRUMBLE

Item No. 5890 • Pack Size 30#/6 bags
2.10 oz. serving=2.0 M/MA • 54 mg. sodium • 4.0 g. fat
Allergen & Gluten Free • No Caramel Color • Clean-Label
Made w/Citrus Flours which naturally increases the moisture and tenderness of the crumble

VISIT WWW.JTMFOODGROUP.COM/SCHOOLS FOR PRODUCT INFO & RECIPES



NEW SOUS VIDE BEEF

Item No. 5887 • Pack Size 30#/6 bags 3.28 oz. serving=2.0 M/MA + 42 mg. sodium • 4 g. fat Allergen & Gluten Free • Clean-Label

Let's Create Great Dishes Together!™



SHREDDED PORK BAR-B-Q

Item No. 5406 • Pack Size 30#/6 bags 4.0 oz.=2.0 M/MA + 1/8 c R/O veg • 582 mg. sodium • 6 g. fat



NEW WGR MINI TURKEY CORN DOGS

Item No. 5090 • Pack Size 30#/6 bags
(6) 0.67 pieces=2.0 M/MA • 365 mg. sodium • 11 g. fat
No Mechanically Separated Turkey • Smart Snack Certified • Available NOI



NEW WGR PRETZEL BITES

Item No. 5911 • Pack Size 15#/558 bites
4 bites=2.0 WGR equiv. • 131 mg. sodium • 1.0 g. fat
Smart Snack Certified • Available for Commercial Purchase Only



Dreaming of Summer? Tasty Brands will reward you.

Summer Pre-Booking Reward Program

The earlier you book, the more \$\$ you save!

ANYTIMERS®

WEDGES

PASTA



Forecast by March 30th, 2018 get \$2.00/Case

BREAKFAST

PIZZA BAGELS

SANDWICHES

Forecast by April 27th, 2018 get \$1.00/Case

For promotion details contact:
John Pickert: john@synergyfoodsales.com or 816-525-7800 ext 1
Diana Blanck: diana@synergyfoodsales.com or 816-896-6691
Tom Hoenig: tom@synergyfoodsales.com or 636-329-0700
www.tastybrandsk12.com



FREE PUMP PACKED IN EVERY CASE

Item #	GTIN	Product Description	Pack Size
REDY59P	3-00-72940-11574-9	Red Gold 33% Fancy Ketchup	6 / 114 oz jug
НОТУМОР	8-00-72940-74738-9	Huy Fong Sriracha Hot Chili Sauce Ketchup Sweetened with Sugar	6 / 114 oz jug
REDYL9P	8-00-72940-74737-2	Red Gold Naturally Balanced Ketchup Sweetened with Sugar	6 / 114 oz jug
REDOA9P	8-00-72940-74739-6	Red Gold Naturally Balanced BBQ Sauce Sweetened with Sugar	6 / 114 oz jug
RED2A9P	3-0072940-74748-3	Red Gold Yellow Mustard	6 / 105 oz jug

For more information, contact Jodi Batten, National Sales & Marketing Director, at jbatten@redgold.com or visit k12tomatoes.com



* Commodity Processing Discount Available * Splash-free, Easy-Pour Opening * Convenient Self-Serve Option * Easy Grip Handles * Handy Resealable Cap * Ideal for Back-of-House Use



We would also like to showcase these great manufacturers not pictured in this issue!



www.highlinerfoods.com



www.highlandbeeffarms.com



www.snakking.com



www.westerns-smokehouse.com



www.ottfoods.com



www.cherrycentral.com

SY19 Annual Order

The Illinois Commodity System (ICS) will be ready for schools to place school year 2019 Annual USDA Foods Orders from January 5, 2018 to February 18, 2018.



PLEASE NOTE: SCHOOLS THAT DIVERT TO PROCESSORS

All diversions must be placed by February 4, 2018. The Diversion to Processor form will be "locked" from February 5 through February 11, while we compile the list of eligible processors for SY19. The diversion screen will then be "unlocked" from February 12 through February 16, for final adjustments if needed. After February 16, 2018, you will not be able to change any processing diversions. Now would be a great time to take a look at your current balances on K12 Foodservice and Proces-

sorLink to start preparing!

Nutrition and Wellness Programs Food Distribution Program

1-800-545-7892

Sophie Michel-Newman smicheln@isbe.net

Angie Hancock <u>ahancock@isbe.net</u> Paula Williams <u>pawillia@isbe.net</u>

	CHERRY CENTRAL
7982	Unsweetened Applesauce Cups (4.5 oz)
7903	Unsweetened Cinnamon Applesauce Cups (4.5 oz)
7906	Unsweetened Strawberry Applesauce Cups (4.5 oz)
7908	Unsweetened Mixed Berries Applesauce Cups (4.5 oz)
7910	Unsweetened Strawberry Banana Applesauce Cups (4.5 oz)
7912	Unsweetened Mango Applesauce Cups (4.5 oz)
9700	Unsweetened Blue Raspberry Applesauce Cups (4.5 oz)
9701	Unsweetened Birthday Cake Applesauce Cups (4.5 oz)

Solar Eclipse Trivia Answers

Winner-Lora Glowacki, Foodservice Director, Columbia, IL School District #4 (\$50 Target Gift Card)

Runner Up- Lori Danella, Assistant FS Director, LS School District, Lee's Summit, MO (\$25 Target Gift Card)

Runner Up-Becky Vieyra, Nutrition Assistant, Hutchinson Public Schools, Hutchinson, KS (\$25 Target Gift Card)

- 1) What was the longest stretch (in terms of time) of totality (darkness) for the recent solar eclipse last month and where did it occur? Shawnee National Forest (2 min 44 sec)
- 2) The last time (before August 21st, 2017) a total solar eclipse was visible across the entire contiguous United States was during what year? 1918
- 3) The next solar eclipse, with almost the same identical path of totality as the August 21st, 2017 eclipse (but will last twice as long) will take place during what year in the future? 2024
- 4) What is the sun's tenuous atmosphere called? Corona
- 5) What 1971 Carly Simon song is the only song to mention a specific "total eclipse of the sun"? You're So Vain
- 6) Have you read the whole newsletter? Which of Synergy's Manufacturers Reps is a hippophile? Cindy Husar-Marschke- One who loves horses!

Sponsored by:





1st place \$50 Target Gift Card

2nd place \$25 Target Gift Card

3rd Place \$25 Target Gift Card

What day is Chinese New Year in 2018?

Who is our featured Manufacturer?

What manufacturer recently received the CRAU standard?

Name the manufacturer that now has NAE product?

What does NAE stand for?

What high school did our director Michelle Hepner attend?

Getting To Know You

Meet the Director

Name: Michele Hepner

Title: Food Service Director

School District: Geneseo Community Unit School District #228 (Illinois)

Food Service Director Since: Started in 2002 at Kewanee Dist #229 have been with Geneseo since 2008

What high school did you attend? Kewanee High School (IL)

Family: One of 6 kids; Aunt to 4 nieces & 4 nephews 2 great nieces & 1 great nephews with one more on the way; I have 1

Dog, Lucky and a barn full of cats.

Favorite Famous Person: Garth Brooks

If you were in an eating competition what could you eat the most of?: Spaghetti

Hobby or Activity you are most passionate about?: Volleyball although I have not played much lately.

When/How did you get started in the food service business?: First nonpaying job was gathering eggs on the farm and preparing them to sell. I grew up in 4-H and was interested in all the foods projects.

If you were not a foodservice director, what do you wish you would have been?: Possibly Veterinarian or Medical examiner.

MEET THE SYNERGY MANUFACTURER REP

Name: Jill Ponder

Title: Central Region Sales Manager: Education/Government

Company: Red Gold, Premium Tomato Products

Manufacturer Rep Since: I started off as a food broker in 2003, over the years I have represented some of the top

manufacturers in the industry, I recently joined the Red Gold team in October 2017.

Family: My husband Brian & I live in Minnesota with our 2 daughters: Sami and Annie.

High School: Edina High School – Go Hornets!

Favorite Famous Person: Kristin Wiig – she's smart, funny, talented and does a lot of charity work.

If you were in an eating competition what could you eat the most of? French Fries and ketchup - Red Gold of course;) Hobby or Activity you are most passionate about: I like to volunteer in my community, especially with my family: children watch everything you do. By giving back to the community, you show them firsthand how volunteering makes a difference and how good it feels to help other people and animals and enact change.

When/How did you get started in the food service business? I have always worked in the food service business; my first job was bussing tables at the age of 14. I waited tables all through college and after getting my degree in Marketing, I transitioned away from the service side of the industry to the sales & marketing side. I even met my husband while working together for Red Lobster restaurants.

If you were not a manufacturer representative, what do you wish you would have been? A school teacher – I love working with kids. I think that's why I was naturally drawn to the K12 side of the business. It feels good to know that you are helping to nourish hungry minds.







John Pickert Western Sales Director 222 NE Tudor Road Lee's Summit, MO 64086 john@synergyfoodsales.com (816) 525-7800



122 Wimbledon Court O'Fallon, MO 63368 tom@synergyfoodsales.com (636) 329-0700

Tom Hoenig Eastern Sales Director



Committed to Excellence



Sarah Shelton Marketing 222 NE Tudor Rd Lee's Summit, MO 64086 sarahs@fairmarketinc.com (816) 525-2225 x 8



Kristine Bridgeman **Business Administrator** 222 NE Tudor Road Lee's Summit, MO 64086 kristine@synergyfoodsales.com (816) 525-7800 x 2



Diana Blanck **Bid Coordinator** 222 NE Tudor Road Lee's Summit, MO 64086 diana@synergyfoodsales.com (816) 525-7800 x 3



Alpha Foods Co.
An industry leader in the field of manufacturing and distributing superior quality pizzas and pizza related products.



Amazing Fruit Products
United States produced line of tasty and healthy flavor infused dried fruit



Bongards Premium Cheese specialty processed cheese including slices, shreds, cupped sauces and curds



products that are smart snack compliant **Cherry Central** anufacturer specializing in the growing,



Darlington

ouri manufacturer of snacks, breakfast bars and cookies with a wide array of taste options individually wrapped or bulk



processing and marketing of fruit sauce and diced fruit cups



Gold Kist Farms

ufacturer of great-tasting Gold Kist Farms® CN chicken products featuring formed, whole muscle,



Franklin Foods

ng cream cheese producer in the world and continues on it's mission to "Re-invent Cream Cheese for today's consumers".



and A+ formed products with a whole muscle bite



High Liner Foods

ests, processes, distributes and markets a variety of Child Nutrition labeled seafood products from the United States



Highland Beef Farms

Manufacturer offering a wide-variety of unique, shelf stable meat & cheese snacks that meet Smart Snack compliant regulations



Jennie-O Turkey Store

A complete line of CN labeled and commodity processed turkey items with many reduced calorie and reduced sodium options



JTM Food Group

Industry leader in the production of CN beef, pork, cheese & turkey entrees including soups and sauces all designed to be healthier, better tasting & nutritious



<u>Los Cabos</u>

Producers of handmade frozen Mexican products including bulk and individually wrapped burritos, enchiladas and quesadillas for all meal segments



Notables

Innovative and kid friendly food solutions featuring cost effective, nutritious, packaged meals and snack kits



Ott's

Missouri manufacturer of the highest quality dressings and sauces with famously unique taste and versatility



Red Gold

nufacturer of fine tomato products including ketchups, sauces, salsa and pastes that are nutritionally enhanced and designed to fit the school food service segment



Richland Hills

Processor of high quality refrigerated individually wrapped sliced apples and destemmed grapes



Snak King

Makers of Smart Snack compliant, whole grain corn tortilla chips, snacks and Kettle Corn with no preservatives, no MSG, or trans fats



Steck Foods

Commercial wholesale bakery providing high quality English Muffins and Biscuits.



Tasty Brands
Great tasting child nutrition products

featuring a wide array of menu options for breakfast, lunch, and dinner



Western's Smokehouse
Missouri producers of specialty meat products

which include their school driven, Smart Snack compliant Smart Stix in 5 delicious flavors



Yang's 5th Taste

Manufacturers of cutting-edge, authentic Asian cuisine with an emphasis on nutrition, quality and delicious kid tested products